Robson House PE and sports premium 2019-2020

PE and Sports Premium Funding is a Government initiative that aims to enhance and improve the provision of PE and to increase the activity levels of children in primary schools

Robson House has remained open to all children during lockdown and there was an even greater emphasis than usual placed on the intrinsic and extrinsic value of PE, Sport and physical activity at the school. During the first half of the summer term, the children had daily cycling lessons and games lessons. During the second half term, the children had daily fitness sessions three times a week. Unfortunately, the swimming lessons had to stop mid-March as the swimming pool was closed immediately as a result of the lockdown. Parents and carers can rest assured that as soon as all schools fully reopen, the children at Robson House will have full access to external competition across and between boroughs, to build upon the rich success achieved in previous years.

Clearly 2019-20 has been an unprecedented year and PE and Sport provision at Robson House has changed as a result of the Covid 19 pandemic which continues to present challenges and issues for staff at Robson House. The information provided here needs to be read in the context of the wider societal concerns and the lack of access to swimming pools, gyms and competitive sporting opportunities.

Total PE and Sports Premium 2019– 2020: £16,240 Projected spend: £16,000.00 (Clearly the Covid 19 pandemic has affected all PE and Sporting provision at Robson House, and all expenditure and costings have been impacted on a result.)

Schools must use the funding to make additional and sustainable improvements to the quality of the physical education (PE), physical activity and sport they provide. This includes any carried forward funding from the 2019 to 2020 academic year, which must be spent by 31 March 2021. (DfE October 2020)

Our priorities in 2019-2020 are:

1. Developing gymnastics skills and sequences with outside agency
2. Provision of swimming additional to statutory requirements
3. Continuation of Dance in the PE curriculum
4. Meeting the wider PE National curriculum requirements. Provide opportunities to increase the range of sporting activities accessed by the children
5. Raising physical activity levels through daily fitness sessions
6. Increased opportunities to take part in inter school competition (This was hindered by the Covid 19 outbreak)
7. Develop OAA activities both on and off site (This was hindered by the Covid 19 outbreak)

| **Area of focus** | **Use of funding and cost** | | **Success Criteria** | **Impact** | **Evaluation of impact** |
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| Developing gymnastics skills and sequences with outside agency | Specialist gymnastics teacher | £2,000-00 | * Improved attainment in gymnastics against age and ability related expectations * Improved teacher confidence, knowledge and understanding | Children’s gymnastics skills will improve, and staff confidence will be enhanced in teaching gymnastics | Continued progress was made by all children evidence is captured through PE curriculum assessments by staff. The assessment of PE is an area for development this year.  The quality of the gymnastic lessons continued to be consistently good. |
| Provision of swimming additional to statutory requirements | Hire of pool  Extra Staffing  Cover  Transport | £2,000.00 towards cost | * NCPE age related expectations for swimming are met | All year 6 children leave Robson House being able to swim at least 25 metres.  All children leave Robson House being able to swim 25 metres | Evidence is captured through assessments by staff and swimming instructors. All children who left Robson House could swim with the majority being able to swim 25 meters.  This was hindered by the Covid 19 outbreak and there were no swimming lesson for the summer term and the last two weeks of the Spring term. |
| Continuation of Dance in the PE curriculum | Appointment of a short-term dance teacher that has appropriate experience and teaches  out of school individual classes also | £3,000.00 | * Positive response from children to dance as a form of exercise * Increased subject knowledge and confidence of teachers to deliver own dance sessions * Dance performance shared with other pupils (possibly those from Netley school or as part of a joint performance) and with staff, parents and carers | Employ male dance teacher as a positive role model.  Some of the children will have the opportunity to access dance lessons out of school hours | Children continued to show positive responses in dance lessons. The children became more skilled in dance techniques and more confident in performing.  Unfortunately, opportunities for collaboration with Netley were unable to take place because of lockdown and the formation of “Bubbles” |
| Meeting the wider PE National curriculum requirements.  Provide opportunities to increase the range of sporting activities accessed by the children | Hire of specialist facilities both in-door and out-doors multi use games area (MUGA) | £3,000 | * Improved literacy, numeracy and learning through movement in other curriculum areas * Improved skills across a range of team sports and physical activity * Increased confidence in applying new skills in games situations * Children feel confident in a range of different activities beyond those that can be taught in school environment | Enhanced self esteem and confidence both individually and collectively when playing as a team.  Increased concentration and fitness levels as a result of timetabled activities  Children will have experience of using a large sports hall and MUGA  Increased understanding of court and pitch markings including simple tactics for attacking and defending | Progress in reading and writing across the school is evident to all teachers.  Strategies to increase literacy levels were implemented through physical activities.  In class the children have movement breaks during lessons which helps them re-focus in the lesson.  Children have increased their skill base and application in a range of differing contexts in both competitive and collaborative environments. |
| Raising physical activity levels through daily fitness sessions | Resources and external consultant support | £3,500 | * Reduce amount of sedentary behaviour * Increase number of minutes of physical activity on any given day * Improve general health and fitness * Develop positive attitudes to a wider range of physical activities such as Yoga and mindfulness * Improve attitudes to being physically active as stamina increases and confidence and motivation to engage with physical activity * Improve classroom behaviour and engagement for morning sessions by providing clear break between arriving at school from home and school-based learning * Staff know and understand OT needs of children * Children access sensory diet * Children take part in the daily mile | Intended informal survey and interaction with children will show perceived positive benefits of being physically active  Continuous running will show children can run more laps in set time than previous performances (For example the introduction of the daily mile)  It is anticipated that the number of children who continue engagement with summer holiday activities will increase  Children will be able to apply yoga skills learnt in other contexts  Children’s sensory needs will be incorporated into daily programmes | The school also once again took part in the British Nutrition Foundation (BNF) National Healthy Eating Week which helped them understand the importance of healthy eating, drinking plenty of water, having enough sleep and daily exercise. ( this didn’t take place until September 2020 as it was delayed by the BNF due to lockdown.  Staff worked with the OT to incorporate programmes to support children’s sensory needs and zones of regulations. Children are more able to use these strategies in other aspects of their learning.  Most children had mindfulness lessons which gave them relaxation and calming techniques. |
|  |  |  |  |  | The school day starts with fitness every morning and the  children do circuits of the sports pitch towards the daily mile and take part in a team game. |
| Increased opportunities to take part in inter school competition  (This was hindered by the Covid 19 outbreak) | Staffing  Transport  CSSA membership | £500.00 | * Increased number of competitions made accessible to our children * Undertake match reports after competitions during literacy sessions | Children will gain a deeper understanding of the competitive aspects of inter school competition | Unfortunately these inter-school competitions didn’t take place due to Covid-19 as both of them should have taken place in the latter part of the Spring Term and the Summer Term |
| Develop OAA activities both on and off site (This was hindered by the Covid 19 outbreak) | Camp costs  Transport  Activity Centre costs | £2000.00 | * Collaborative skills developed by children * Resilience and empathy as key outcomes for those that take part on trip | An exploration of experiential learning in an outdoors environment in a new and different context including problem solving and using initiative | During the first National lock down, the vast majority of the mainstream children weren’t on site which meant that we had a lot more outside space that was accessible most of the day. The children took part in a lot more physical activity during the school day and each child had the opportunity to have bike riding sessions each day. Every child who attended school during lockdown greatly improved their cycling skills.  Unfortunately we were unable to go on our annual trip to Epping Forest but we re-created some of the activities during our family sessions in the summer holidays. |

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| **Priority** | **Amount Allocated** | **Amount Spent** | **Surplus/Deficit** | **Sports and PE Premium Allocation** |
| Developing gymnastics skills and sequences with outside agency | £2,000.00 |  |  |  |
| Provision of swimming additional to statutory requirements | £2,000.00 |  |  |  |
| **Continuation of Dance in the PE curriculum** | £3,000.00 |  |  |  |
| Meeting the wider PE National curriculum requirements. Provide opportunities to increase the range of sporting activities accessed by the children | £3,000.00 |  |  |  |
| Raising physical activity levels through daily fitness sessions | £3,500.00 |  |  |  |
| Increased opportunities to take part in inter school competition (This was hindered by the Covid 19 outbreak) | £500.00 |  |  |  |
| Develop OAA activities both on and off site (This was hindered by the Covid 19 outbreak) | £2,000.00 |  |  |  |
| Total(s) | £16,000 |  |  | £16,240 |